



PADDLE CANADA L2 INSTRUCTOR

INTRODUCTION LETTER

Dear Instructor Course Participant:

Thank you for registering for the Paddle Canada Level 2 Instructor Course presented by Blue Dog Kayaking. We are looking forward to an exciting few days as we share each other's knowledge and develop our skill as instructors. This pre-course information package and course manuals are designed to assist in your preparation for the course and as your roles as level 2 instructors afterwards.

A copy of The New Foundland Kayak Company's Instructor Resource Manual written by L3 IT Richard Alexander is attached. This is a great paddling instructor resource.

Because our time together on the course is limited, you are required to complete some work before you arrive.

We will be meeting at my residence 2093 Wildflower Rd, Shawnigan Lake, BC for the first morning at 9am.

Pre-course work includes:

REGISTER WITH PADDLE CANADA

Instructor candidates must register with Paddle Canada before the course starts and pay their membership fee to Paddle Canada directly. The L2 **Course ID # (found in your welcome letter)** please make sure you register on the correct course.

<https://members.paddlecanada.com/instructor-candidates.html>

ENVIRONMENT AND WEATHER

Choose an area on a chart (you will need chart 3441 Haro Strait) that you believe would be a good environment for a Level 2 skills course (bring the chart with you). Begin a Course Log with weather forecasts/observations for three days leading up to course with an educated guess as to what weather we can expect for Day 1 and 2. Your observations and weather record should include: air and water temp; humidity; pressure; wind speed and direction; sea state; cloud cover and precipitation.

COURSE OUTLINE

Using a chart as a tool and based on this location (you will need chart 3441 Haro Strait) start to develop your own course outline with specifics such as when you will teach what and where. This plan could include a camping trip of no less than one preferably two nights with specifics such as when you will teach what and where.

PADDLING SKILLS

Start developing a plan to teach Level 2 skills including: turning maneuvers, surf launch/landing, current work, towing, scenarios (teaching judgment), rolling, bracing, forward stroke, draws under momentum, and rescues. Begin completing the stroke sheets included in your pre-course package. This will help you greatly when you begin practice teaching during the course.

- From this list email me the 1 paddling skill you feel most comfortable delivering and the 1 paddling skill you would most like to improve on.

THEORY SESSIONS

Start developing your level 2 lectures on Weather, Navigation, Trip Planning, Tides and Currents and Sea Kayak Design and Equipment. We will discuss lecture content on the course but a little work ahead of time may be useful. Consider the props or resources you would like to have for each topic and bring them with you to the course. From this list email me the 1 theory topic you feel most comfortable delivering and the 1 theory topic you feel you would most like to improve on.

STUDY QUESTIONS

Complete the majority of the study questions attached and be prepared to seek answers to questions you don't understand. There will also be a written test at the end of the course.

OVERVIEW OF L2 SKILLS

Please read carefully the overview of L2 skills in the attached Outcomes and Course Plan document and from the PC manual; they are the skills sets you are expected to teach and demonstrate as a L2 instructor.

During the course we will explore what information is relevant and how best to present that information to course participants but some work beforehand will prove beneficial.

If you have any questions, please contact Amber or I prior to the start of the course.

David Nichols & Amber Champion,

Course Directors