



PADDLE CANADA BASIC SKILLS

INTRODUCTION LETTER

Dear Participant,

Thank you for choosing Blue Dog Kayaking for your kayak training.

<http://bluedogkayaking.com/our-team/>

Here at Blue Dog we are committed to bringing you the best that Sea Kayaking can offer so we want to make sure that you get the most out of your time with us, so we offer a wide range of courses, tours and instructional expeditions to suit all levels - customized instruction and guiding at its best.

Please find attached your course pack including; course plan, manual and other resources, the waiver and medical form are also attached for your perusal, there will be one to sign on the day.

To aid kayak and gear allocation we need your height and weight, if you haven't already done so please provide this a minimum of 2 days before the course. Kayak, immersion gear (wet suit), safety gear and certification are included in the course fee. If you want to rent a dry suit they are \$30.

You will need to provide warm thermal clothing for incase you get cold. Swim wear is to be worn under the wetsuits & recommended rash guard or merino for your arms (keeps the sun off). Please note your course starts at 9am on at Mill Bay Marina (address below) and finishes at 4pm.

Please let me know if you have any questions, we looking forward to paddling with you and fun times on the water.

Kind regards

Blue Dog Team,
250 710 7693

MILL BAY MARINA, 740 HANDY ROAD, MILL BAY V0R 2P1